

<p align="center">CATHOLIC PARISH OF TENBY</p> <p align="center">Holyrood & St Teilo's Church – Tenby St Bride's Church – Saundersfoot The Presbytery, St Florence Parade, SA70 7DT Rev Fr Anthony Nwosu, MDM: Tel 01834 842692 Parish Safeguarding Rep: Mrs Bernedette Kilby Website: www.stteilstenby.co.uk Email: tenby@menevia.org</p>	<p align="center">St Teilo's Catholic Primary School Greenhill Road, Tenby, SA70 7LI Tel: 01834 843995 Head teacher: Mr M Scale Website: https://stteilos.wales/http://saint-teilo.co.uk/wpress/ Email: admin.stteilos@pembrokeshire.gov.uk “Learning to follow the right path through care, love and respect in the light of the Risen Christ”</p>
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Date & Liturgical Celebrations	Mass Time	Mass Intentions
Sunday 1st February 2026 Fourth Sunday of Ordinary Time	St Teilo's, 5:30pm (Vigil) St Bride's, 9:30am St Teilo's, 11am	David Zark, RIP
Monday, 2 nd February 2026	NO MASS	Fr's Day off
Tuesday 3 rd	6pm Exposition, 7pm Mass	Miidong Daloeng & her Family & friends
Wednesday, 4 th	10am	Miidong Daloeng & her Family & friends
Thursday, 5 th St Agatha, Virgin & Martyr (Memorial)	10am	Sr Donatus Hanbury, RIP
Friday 6 th St Paul Miki & companions, Martyrs	10am	Miidong Daloeng & her Family & friends
Saturday, 7 th Votive Memorial of our Lady	10am Mass, 10:30am Benediction	Miidong Daloeng & her Family & friends
Sunday 8th February 2026 Fifth Sunday of Ordinary time (Year A)	St Teilo's, 5:30pm (Vigil) St Bride's, 9:30am St Teilo's, 11am	

NORMAL WEEKLY ACTIVITIES UNLESS OTHERWISE ANNOUNCED

- **CONFESSIONS:** Tuesday evening during the adoration by 6pm and Saturday after the 10am Mass
- **EXPOSITION AND ADORATION:** Tuesday 6pm
- **BENEDICTION:** Saturday 10:30am
- **DIVINE MERCY PRAYER:** Friday 3pm
- **SATURDAY DEVOTION TO MARY:** 9:30am, every Saturday

Pray for the sick and housebound: Finbar Fitzgerald

For the happy repose of our departed loved ones: Eileen Fitzgerald, Eric Blakeborough, Josephine Donoghue, Graham Portelli, Frances Ridley

THE MINISTRY OF THE WILLING: Have you noticed how lovely the altar looks? How well the carpets have been swept? Ever wondered who does that? Could it be you? Kindly have a word with Fr Anthony; we need volunteers in both St Teilo and St Bride to fill in these ministries. You could be a **welcomer, flower arranger, counter of collections, altar server or any other role**. Joining the team enables us to foster a more inclusive worship community. If you are interested kindly contact Fr Anthony by phone, email or just a chat after Mass

LADIES GUILD: The Ladies Guild meeting of 2026 will be on Monday, 2 February, at 7:00pm in the hall. New members are welcomed.

CONFIRMATION CLASS: Catechism class for candidates of the sacrament of Confirmation begins today at 12:30pm.

MASS OFFERING: Offer Masses for your intentions and the intentions of your loved ones.

LIGHT A CANDLE: Pick an envelope and **light a votive lamp of our Lady** for your intentions.

ST TEILO FEAST DAY: 9th February is the Feast Day of St Teilo. It is our Parish Feast day, **KINDLY TAKE NOTE.**

COLLECT

Grant us, Lord our God, that we may honour you with all our mind, and love everyone in truth of heart. Through our Lord Jesus Christ your Son who lives and reigns with you in the unity of the Holy Spirit, God forever and ever. Amen

First Reading: Zephaniah 2:3; 3: 12-13

Seek the Lord, all you humble of the land, who do his just commands; seek righteousness, seek humility; perhaps you may be hidden on the day of the anger of the Lord. "I will leave in the midst a people humble and lowly. They shall seek refuge in the name of the Lord, those who are left in Israel; they shall do no injustice and speak no lies, nor shall there be found in their mouth a deceitful tongue. For they shall graze and lie down, and none shall make them afraid."

The word of the Lord

Responsorial psalm: Ps 146:6-7.8-9a.9bc-10 (R. Mat 5:3)

R/. Blessed are the poor in spirit; for theirs is the kingdom of heaven.

It is the Lord who preserves fidelity forever,
Who does justice to those who are oppressed.
It is he who gives bread to the hungry,
The Lord who sets prisoners free. R/.

It is the Lord who opens the eyes of the blind,
The Lord who raises up those who are bowed down.
It is the Lord who loves the just,
The Lord who protects the stranger. R/.

The Lord upholds the orphan and the widow,
But thwarts the path of the wicked.
The Lord will reign forever,
your God O Sion from age to age. R/.

Second Reading: 1 Cor. 1:26-31

Consider your call, brothers and sisters; not many of you were wise according to worldly standards, not many were powerful, not many were of noble birth; but God chose what is foolish in the world to shame the wise, God chose what is weak in the world to shame the strong, God chose what is low and despised in the world, even things that are not, to bring to nothing things that are, so that no human being might boast in the presence of God. And because of him you are in Christ Jesus, who became to us wisdom from God, righteousness, and sanctification, and redemption; so that, as it is written, "Let the one who boasts, boast of the Lord."

The word of the lord

Alleluia Alleluia

Rejoice and be glad,
for your reward is great in the kingdom of heaven
Alleluia!

GOSPEL

Matthew 5:1-12

At that time: Seeing the crowds, Jesus went up on the mountain, and when he sat down, his disciples came to Him and he opened his mouth and taught them, saying: Blessed are the poor in spirit, for theirs is the Kingdom of heaven. Blessed are those who mourn, for they shall be comforted. Blessed are the meek, for they shall inherit the earth. Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. Blessed are the merciful, for they shall receive mercy. Blessed are the pure in heart, for they shall see God. Blessed are the peace makers, for they shall be called the sons of God. Blessed are those who persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when others revile you, and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward will be great in the kingdom of heaven.

The Gospel of the Lord

PRAYER OVER THE GIFTS

O Lord, we bring to your altar these offerings of our service: be pleased to receive them, we pray, and transform them into the sacrament of our redemption. Through Christ our Lord. Amen

PRAYER AFTER COMMUNION

Nourished by these redeeming gifts, we pray, O Lord, that through this help to eternal salvation true faith may ever increase. Through Christ our Lord. Amen

PRAYER FOR OUR PARISH

O God, the Creator and Giver of all things, bless our Parish of St Teilo's in our united endeavours. Strengthen our faith; grant us the spirit of sacrifice so that, with thy Grace, we may provide for the needs of our Parish, glorify thee and sanctify ourselves. Through Christ our Lord. Amen.

THE MEMORARE

Remember O Most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee do I come, before thee I stand sinful and sorrowful. O mother of the Word Incarnate, despise not my petitions, but in thy mercy, hear and answer me. Amen.