



CATHOLIC PARISH OF TENBY



NORMAL WEEKLY ACTIVITIES UNLESS OTHERWISE ANNOUNCED

CONFESSIONS: Tuesday evening during the adoration by 6pm and Saturday after the 10am Mass
EXPOSITION AND ADORATION: Tuesday 6pm
BENEDICTION: Saturday 10:30am
DIVINE MERCY PRAYER: Friday 3pm
SATURDAY DEVOTION TO MARY: 9:30am, every Saturday

Holyrood & St Teilo's Church – Tenby St Bride's Church – Saundersfoot

The Presbytery, St Florence Parade, SA70 7DT

Rev Fr Anthony Nwosu, MDM: Tel 01834 842692

Parish Safeguarding Rep: Mrs Bernedette Kilby

Website: www.stteilstenby.co.uk

Email: tenby@menevia.org

St Teilo's Catholic Primary School

Greenhill Road, Tenby, SA70 7LI

Tel: 01834 843995

Head teacher: Mr M Scale

Website: <https://stteilos.wales/http://saint-teilo.co.uk/wpress/>

Email: admin.stteilos@pembrokeshire.gov.uk

“Learning to follow the right path through care, love and respect in the light of the Risen Christ”

Date & Liturgical Celebrations	Mass Time	Mass Intentions
Fifth Sunday of Lent 22 nd March 2026	St Teilo's 5:30pm (Sunday Vigil) St Bride's, 9:30am St Teilo's, 11am	Parish community
Monday, 23 rd March	No Mass	Fr's Day off
Tuesday 24 th : Annunciation (vigil)	6pm Exposition, 7pm Mass	
Wednesday 25 th : Annunciation of the Lord (Solemnity)	10am Mass	
Thursday, 26 th : End of term Mass for St Teilo's School	10am Mass	For the Children at St Teilo's school
Friday 27 th Stations of the Cross	6pm: Stations of the Cross 7pm Mass	
Saturday, 28 th	9:30am, Rosary Devotion. 10am Mass	
Palm Sunday 29 th March 2026	St Teilo's 5.30pm (Sunday Vigil) St Bride's 9.30am St Teilo's 11.00am	

PARISH NOTICE

Pray for the sick and housebound: Finbar Fitzgerald

For the happy repose of our departed loved ones: Eileen Fitzgerald, Eric Blakeborough, Josephine Donoghue, Graham Portelli, Frances Ridley, Patricia Ann Henriksson.0

LADIES GUILD: The parish is looking for more volunteers to help with refreshments after Mass. If you like to bake a cake or do washing up, that would be great. It's a lovely way to get to know people better and make a contribution to our parish life. If you can help, kindly speak to Laura.

CAFOD: CAFOD Parish Big Lent Walk is today, 22nd March at 1.30pm

STATIONS OF THE CROSS: Every Friday at 6.00pm

FOODBANK: Thanks so much for supporting our local Foodbank. During this season of Lent, let us be extra generous with our donations. Easter treats, along with our usual donations, would be appreciated.

OUR LADY'S LAMP: £5 per-7 day-candle

CHRISM MASS: Chrism Mass is on 31st March at Cardiff by 11.00am. The Deanery has arranged for a coach to take all those interested to go from Narberth. Time of departure is 8am, Transport fare is between £25 and £30. Kindly indicate before the 20th of March, 2026.

Collect

By your help, we beseech you, Lord our God, may we walk eagerly in that same charity with which, out of love for the world, your Son handed himself over to death. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. Amen.

First Reading

Ezekiel 37:12-14

Thus says the Lord GOD: Behold, I will open your graves, and raise you from your graves, O my people; and I will bring you home into the land of Israel. And you shall know that I am the Lord, when I open your graves, and raise you from your graves, O my people. And I will put my Spirit within you, and you shall live, and I will place you in your own land; then you shall know that I am the Lord; I have spoken, and I will do it, declares the Lord.

The word of the Lord

Responsorial psalm: Ps 130:1-2.3-4.5-7a.7b-8 (R. 7b)

R/. With the Lord there is mercy, in him is plentiful redemption.

Out of the depths I cry to you, O Lord;
Lord, hear my voice!
O let your ears be attentive
to the sound of my pleadings. R/.

If you, O Lord, should mark iniquities,
Lord, who could stand?
But with you is found forgiveness,
that you may be revered. R/.

I long for you, O Lord,
My soul longs for his word.
My soul awaits the Lord
more than watchmen for daybreak. R/.

More than watchmen for daybreak,
Let Israel hope for the Lord.
For with the Lord there is mercy,
In him is plentiful redemption.
It is he who will redeem Israel
from all its iniquities. R/.

Second Reading:

Romans 8:8-11

Brothers and sisters: Those who are in the flesh cannot please God. You, however, are not in the flesh, but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, your Spirit is alive because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will give

life to your mortal bodies through his Spirit who dwells in you.

The word of the Lord

Glory to you, O Christ, Son of the living God!

I am the resurrection and the life, says the Lord;
Whoever believes in me will never die.

Glory to you, O Christ, Son of the living God!

Gospel: John 11:1-45

Prayer over the offering

Hear us, almighty God, and, having instilled in your servants the teachings of the Christian faith, graciously purify them by the working of this sacrifice. Through Christ our Lord. Amen.

Prayer after Communion

We pray, almighty God, that we may always be counted among the members of Christ, in whose Body and Blood we have communion. Who lives and reigns for ever and ever. Amen.

The Memorare

Remember O Most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee do I come, before thee I stand sinful and sorrowful. O mother of the Word Incarnate, despise not my petitions, but in thy mercy, hear and answer me. Amen.

HOLY WEEK 2026 **LITURGICAL SCHEDULES**

Passion Sunday 29th March: St Teilo 5.30pm
St Brides 9.30am
St Teilo 11.00am

Tuesday 31st March: Chrism Mass (Cardiff 11.00am)

Wednesday 1st April: 1. Holy Mass 10.00am
2. Easter Confessions, 6.00pm

Maundy Thursday 2nd: Mass of the Lord's Supper
7.00pm

Good Friday 3rd: 1. Walk of witness (Starting from
Deer Park, Baptist church 10.00am)
2. Stations of the Cross 3.00pm
3. Good Friday Ceremony

Holy Saturday: 1. Easter confessions 10.00am
2. Easter vigil 8.00pm

Easter Sunday: St Brides 9.30am
St Teilo 11.00am