



CATHOLIC PARISH OF TENBY

NORMAL WEEKLY ACTIVITIES UNLESS OTHERWISE ANNOUNCED

CONFESSIONS: Tuesday evening during the adoration by 6pm and Saturday after the 10am Mass
EXPOSITION AND ADORATION: Tuesday 6pm
BENEDICTION: Saturday 10:30am
DIVINE MERCY PRAYER: Friday 3pm
SATURDAY DEVOTION TO MARY: 9:30am, every Saturday



Holyrood & St Teilo's Church – Tenby
St Bride's Church – Saundersfoot
 The Presbytery, St Florence Parade, SA70 7DT

Rev Fr Anthony Nwosu, MDM: Tel 01834 842692
Parish Safeguarding Rep: Mrs Bernedette Kilby
Website: www.stteilstenby.co.uk
Email: tenby@menevia.org

St Teilo's Catholic Primary School

Greenhill Road, Tenby, SA70 7LI
Tel: 01834 843995

Head teacher: Mr M Scale

Website: <https://stteilos.wales/http://saint-teilo.co.uk/wpress/>

Email: admin.stteilos@pembrokeshire.gov.uk

“Learning to follow the right path through care, love and respect in the light of the Risen Christ”

Date & Liturgical Celebrations	Mass Time	Mass Intentions
5th July, 2026: 14th Sunday in Ordinary Time, Year A	St Teilo's 5.30pm (Sunday Vigil) St Bride's, 9:30am St Teilo's, 11am	
Monday, 6 th July	No Mass	Fr's Day off
Tuesday 7 th	6.00pm Adoration, 7.00pm Mass	
Wednesday 8 th	10.00am Mass	
Thursday, 9 th	10.00am Mass	
Friday 10 th	10.00am Mass	
Saturday 11 th : St Benedict, Abbot, Feast	9.30am Rosary, 10.00am Mass	
12th July, 2026: 15th Sunday in Ordinary Time, Year A	St Teilo's 5.30pm (Sunday Vigil) St Bride's 9.30am St Teilo's 11.00am	Mike Reddy, RIP

PARISH NOTICE

For the happy repose of our departed loved ones: Eileen Fitzgerald, Eric Blakeborough, Josephine Donoghue, Graham Portelli, Frances Ridley, Patricia Ann Henriksson, and Finbar Fitzgerald

WELCOME: We welcome all visitors and holiday makers. We pray that you will have a most pleasant time in Tenby, Saundersfoot and our beautiful Pembrokeshire.

OUR LADY'S LAMP: £5 per-7 day-candle

PARISH PRAYER GROUP: Our next Parish Prayer Group meeting will hold on 16th July, at 7pm, in the parish hall.

EMMAUS SUMMER CAMP: Emmaus Summer Camp for year 9 to 13 comes up from 5th–9th August at St David's Bunk Barns, Pembrokeshire. Participants are to pay £275.

PARISH CAR PARK: The parish car park is for private use. However, parishioners who make use of the car park should endeavor to close half of the grate when driving in or out of the car park. Kindly note that the gate will henceforth be locked at 6:30pm except for Tuesdays when we have Mass in the evening at 7pm after which the gate will be locked at 7:45pm. Also note that I will not be taking any calls with regard to opening the gate after the designated times.

MEETING FOR CALDEY RETREAT: There will be a meeting on Monday 6th July at 6.00pm in the Church Hall to discuss the proposed itinerary for the retreat on Caldey Island. All those who have registered their interest to be part of the trip are invited to the meeting.

Collect

O God, who in the abasement of your Son have raised up a fallen world, fill your faithful with holy joy, for on those you have rescued from slavery to sin you bestow eternal gladness. Through our Lord Jesus Christ your Son, who lives and reigns with you in the unity of the Holy Spirit, God for ever and ever. Amen

First Reading: **Zechariah 9:9-10**

Thus says the Lord: Rejoice greatly, O daughter of Zion! Shout aloud, O daughter of Jerusalem! Behold, your king is coming to you; righteous and having salvation is he, humble and mounted on a donkey, on a colt, the foal of a donkey. I will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle bow shall be cut off, and he shall speak peace to the nations; his rule shall be from sea to sea, and from the River to the ends of the earth.

The word of the Lord

Responsorial psalm: Ps 145:1-2.8-9.10-11.13cd-14

R/. I will bless your name forever, my God and King

I will extol you, my God and king,
And bless your name for ever and ever.
I will bless you day after day,
And praise your name for ever and ever. R/.

The Lord is kind and full of compassion
Slow to anger, abounding in mercy.
How good is the Lord to all,
Compassionate to all his creatures R/

All your works shall thank you, O Lord,
And all your faithful ones bless you.
They shall speak of the glory of your reign,
and declare your mighty deeds. R/.

The Lord is faithful in all his words,
The holy in all his deeds.
The Lord supports all who fall,
and raises up all who are bowed down. R/.

Second Reading: **Roman 8:9.11-13**

Brothers and sisters: you are not in the flesh, but in the Spirit, if in fact the spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will give life to your mortal bodies through his Spirit who dwells in you. So then, brothers and sisters, we are debtors, not to the flesh, to live

according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body you will live.

The word of the Lord

Alleluia alleluia

I thank you, Father, Lord of heaven and earth, you have revealed the secrets of the kingdom to little children.

Alleluia

Gospel Reading: **Matthew 11:25-30**

At that time Jesus declared, "I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Gospel of the Lord

Prayer over the Offering

May this oblation dedicated to your name purify us, O Lord, and day by day bring our conduct closer to the life of heaven. Through Christ our Lord. Amen

Prayer after communion

Grant, we pray, O Lord, that, having been replenished by such great gifts, we may gain the prize of salvation and never cease to praise you. Through Christ our Lord. Amen

The Memorare

Remember O Most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence, I fly unto thee O Virgin of virgins, my Mother; to thee do I come, before thee I stand sinful and sorrowful. O mother of the Word Incarnate, despise not my petitions, but in thy mercy, hear and answer me. Amen.

Prayer for our parish

O God, the Creator and Giver of all things, bless our Parish of St Teilo's in our united endeavours. Strengthen our faith; grant us the spirit of sacrifice so that, with thy Grace, we may provide for the needs of our Parish, glorify thee and sanctify ourselves. Through Christ our Lord. Amen.