

CATHOLIC PARISH OF TENBY

Holyrood & St Teilo's Church – Tenby

St Bride's Church – Saundersfoot

The Presbytery, St Florence Parade, SA70 7DT

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“Learning to follow the right path through care, love and respect in the light of the Risen Christ”

Date & Liturgical Celebrations	Mass Time	Mass Intentions
First Sunday of Lent 22nd February, 2026	St Teilo's, 5:30pm (Sunday Vigil) St Bride's, 9:30am St Teilo's, 11am	Michael Roberts, commetion Christine Wales, Anniversary
Monday, 23 rd February 2026	No Mass	Fr's Day off
Tuesday 24 th	6pm Exposition, 7pm Mass	
Wednesday, 25 th	St Teilo's, 10am Mass	
Thursday, 26 th	10am	
Friday 27 th : Stations of the Cross	6pm: Stations of the Cross 7pm Mass	
Saturday, 28 th	9:30 Rosary, 10am Mass	
Second Sunday of Lent 1st March 2026	St Teilo's, 5:30pm (Sunday Vigil) St Bride's, 9:30am St Teilo's, 11am	

NORMAL WEEKLY ACTIVITIES UNLESS OTHERWISE ANNOUNCED

- **CONFESSIONS:** Tuesday evening during the adoration by 6pm and Saturday after the 10am Mass
- **EXPOSITION AND ADORATION:** Tuesday 6pm
- **BENEDICTION:** Saturday 10:30am
- **DIVINE MERCY PRAYER:** Friday 3pm
- **SATURDAY DEVOTION TO MARY:** 9:30am, every Saturday

Pray for the sick and housebound: Finbar Fitzgerald

LADIES GUILD: Join us on St. David's Day (Sunday, 1 March) for Welsh cakes, hot off the grill and other Welsh treats after 11 am mass in the hall.

CAFOD: There will be a soup lunch on Sunday, 8 March after mass in the hall in aid of CAFOD.

BYOB (Bring Your Own Board Game): Adults 18 to 118 years old are invited to bring a board game, and some snacks and drinks to the hall on Friday, 20 February from 7:00 to 9:00 pm for some end-of-week socialising and fun. If we have a good response, we'll make it a fortnightly event. Tea and Coffee supplies will be available to use.

VOTIVE CANDLES FOR OUR LADY'S ALTAR: Donate (for purchase of candle) envelop, Mass Intention Envelopes can be displayed on our Lady's Altar, minimum donation is in the region of £5.

STATIONS OF THE CROSS: The Lenten season calls us to a spiritual journey with Jesus; and the Friday Stations of the Cross gives us that opportunity to do so. Kindly, make it a part of your Lenten exercise to reflect on the passion of Christ. Every Friday at 6pm

STATION MASS: There will be a Station Mass celebrated by the Archbishop on 24th February, at Haverfordwest. Time is 7pm.

EMMAUS ENCOUNTER: The Archdiocesan ministry of young Adults is organising a residential retreat at Belmont Abbey for young adults aged 18-30 from March 27th to 29th. The retreat costs £150pp, plus a £25 single supplement.

WORLD DAY OF PRAYER: The World Day of Prayer is taking place on Friday, 6th March, in St Brides Church at 2:00 p.m. The service has been prepared by the ladies of Nigeria and Fr Anthony will be taking part.

Grant, almighty God, through the yearly observances of holy lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ your Son who lives and reigns with you in the unity of the Holy Spirit, God forever and ever. Amen

First Reading

Gen 2:7-9; 3:1-7

The Lord God formed the man of dust from the ground, and breathed into his nostrils the breath of life; and the man became a living creature. And the Lord God planted a garden in Eden, in the east; and there he put the man whom he had formed. And out of the ground the Lord God made to spring up every tree that is pleasant to the sight and good for food. The tree of life was in the midst of the garden, and the tree of the knowledge of good and evil. Now the serpent was more crafty than any other beast of the field that the Lord God had made. He said to the woman, "Did God actually say, 'You shall not eat of any tree of the garden?'" And the woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you surely die.' But the serpent said to the woman, "You will not die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves loincloths.

The word of the Lord

Responsorial psalm: Ps 51:3-4.5-6ab.12-13.14 & 17 (R. 3)

R/. Have mercy, O Lord, for we have sinned.

Have mercy on me, O God,
according to your merciful love;
according to your great compassion,
blot out my transgressions.
Wash me completely from my iniquity,
and cleanse me from my sin. R/.

My transgressions, truly I know them;
my sin is always before me.
against you, you alone, have I sinned;
what is evil in your sight I have done. R/.

Create a pure heart for me, O God;
renew a steadfast spirit from me
do not cast me away from your presence
take not your holy spirit from me. R/

Restore in me the joy of your salvation;
sustain in me a willing spirit O Lord, open my lips and
mouth shall proclaim your praise. R/

Second Reading

Romans 5:12- 19

Brothers and sisters: Just as sin came into the world through one man and death through sin, and so death spread to all men because all sinned— for sin indeed was in the world before the law was given, but sin is not counted where there is no law. Yet death reigned from Adam to Moses, even over those whose sinning was not like the transgression of Adam, who was a type of the one who was to come. But the free gift is not like the trespass. For if many died through one man's trespass, much more have the grace of God and the free gift by the grace of that one man Jesus Christ abounded for many. And the free gift is not like the result of that one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. For if, because of one man's trespass, death reigned through that one man, much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ. Therefore, as one man's trespass led to condemnation for all men, so one act of righteousness leads to justification and life for all men. For as by one man's disobedience the many were made sinners, so by one man's obedience the many will be made righteous.

The word of the Lord

Gospel acclamation

Glory and praise to you, O Christ

One does not live by bread alone, but by every word that comes forth from the mouth of God.

Glory and praise to you, O Christ

GOSPEL

Matthew 4:1-11

At that time: Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And after fasting forty days and forty nights, he was hungry. And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'man shall not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city, and set him on the pinnacle of the temple, and said to him, "if you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning of you,' and 'on their hands they will bear you up, lest you strike your foot against a stone.'" Jesus said, to him, 'again it is written, 'you shall not put the Lord your God to the test.'" Again, the devil took him to a very high mountain, and showed him all the kingdoms of the world and their glory; and he said to him, "All these I will give you, if you will fall down and worship me." Then Jesus said to him, "Be gone, Satan! For it is written, 'you shall worship the Lord your God and him only shall you serve.'" Then the devil left him, and behold, angels came and were ministering to him.

The Gospel of the Lord